

# BRIDGES

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WEDNESDAY, FEBRUARY 4, 2015

A STARPHOENIX COMMUNITY NEWSPAPER

A man in a traditional Ukrainian dance costume, featuring a red vest with yellow and blue embroidery and a wide black belt, is captured in a dynamic dance pose on a stage. He has his arms extended, and the background is filled with vibrant red and blue stage lights. Other performers in similar costumes are visible in the background.

## A FLASH OF COLOUR

JULIAN MAKOWSKY'S SEEMINGLY EFFORTLESS MOVES MAKE HIM A UKRAINIAN DANCE PHENOMENON **P.5**

FREE

# READ MY BOOK

**LOCAL AUTHORS:** Writers tell us what makes their book worth reading

# JOAN SOGGIE

## Looking for Aiktow: Stories Behind the History of the Elbow of the South Saskatchewan River

By Joan Soggie

I am Saskatoon-born and bred. Yet, for me, the land that has been home to my people since time immemorial days lay abandoned as territory. Who had lived here before my great-grandparents arrived? What were their stories? These questions haunted my growing-up years.

During the 1960s, I witnessed the forced removal of dam-building, the flooding of farmland and codices as Lake Diefenbaker filled. I saw how quickly a way of life — small town or vision builder — could be obliterated.

My desire to know the stories of this land morphed into a need to share these stories. I learned that the



Joan Soggie

elbow of the South Saskatchewan River had been an important landmark to indigenous people long before Europeans arrived.

I read Peter Pollock's account of his first journey past here in 1850 and discovered through antique books for references to the Peacekeeper who guided Pollock's discovery of real people. I felt an affinity for them and their connection to the land and wanted to tell these stories.

The land itself provided the stories. Two rivers, the mighty South Saskatchewan and the graceful Qu'Appelle, joined by a strange little valley with a stream called the Aiktow, the river that flows both ways.

Sometimes the Aiktow flowed into the South Saskatchewan. In other seasons the spring flood poured its waters into the Qu'Appelle.

Like the people, who for thousands of years had eined out their daily living from this hards land, the Aiktow shared a precarious balance between giving and taking.

The Aiktow, like much of its history, has disappeared. But the waters of the Aiktow still flow through the lake, just as the current of events long past affects life in Saskatchewan

today.

Looking for Aiktow: Stories Behind the History of the Elbow of the South Saskatchewan River is both a regional history and a personal journey.

As I looked for answers, more questions popped up. Where do we go from here? How can we right past mistakes? The story like the river, goes on.

Joan Soggie and her husband Don reside in Elbow, Saskatchewan. Looking for Aiktow is available in Paperback at the Royal Saskatchewan Museum, on Main Street at the Victor Moberg Gallery and in Saskatoon at the Western Development Museum gift shop, or from the author at Box 35, Elbow, SK S0B 1A9. soggiejoan@gmail.com for \$25 plus \$5 for shipping.



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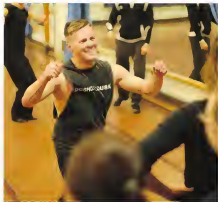
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Saskatoon's Julian Makowsky was asked to cooperate with the prestigious *Wesley* (Canadian National Dance Contemporary) for only a few other Canadian's featured. **#BRIDGES PHOTO BY MICHELLE BIRDS**

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## # SPACES PG. 14



Abstracted artist Hugo Alvarado's house is full of animals — of the artist and animal Aid **#BRIDGES PHOTO BY MICHELLE BIRDS**

## BRIDGES COVER PHOTO BY LIAM RICHARDS

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# IN THE CITY

# FEBRUARY 1, 2015 - 3:32 P.M.

## Happy feet



The Little Prince Singers (l. to r.) Gila Pirooz, Kynthe Pedros, Atsuki Le, and Kaela Mene and Tany Thi Le perform the Red River jig during the Missa Pride Open-Door Society dinner at the Sukkoon Indian and Missa Friendship Centre in Saskatoon. Photo by David J. Phillips.

# ON THE COVER

I love to dance. It's always been a passion.

—Julian Makowsky

# JULIAN MAKOWSKY

## A passion for the dance



Julian Makowsky (the lead dancer) with the Polyphonic Folklore Ensemble performs during the Saskatoon Symphony Orchestra's Ukrainian Christmas at TCU Place in December. (Photos by LAM PHOTOGRAPHY)

By Jenn Sharp

The stage is set, the lights are dimmed. The audience eagerly waits for the artists to strike the first note. The music flows into a swirling, rhythmic melody that has the crowd tapping its feet.

Then the dancers emerge. Wearing bright costumes, they move around the stage, their feet a blur. Their energy is contagious and the crowd

gladly claps in unison.

Saskatoon's popular Polyphonic Folklore Ensemble (PFE) breaks into a routine that echoes Ukrainian dances. Low to the ground, legs kick out while their arms are folded at chest level. The white fabric is remarkable because it jumps through the air, some do backflips. A star emerges from the lead, mind control. His movements are so precise, he jumps so effortlessly he makes

the dance look easy and graceful.

Julian Makowsky breathes dance. In fact, it's rare to see him standing still; he always seems to move to his own beat.

He grew up in a traditional Ukrainian home. His dad, a priest at the Holy Trinity Ukrainian Orthodox Church, was transferred for work several times before he finally settled in Saskatoon. Makowsky, 36, and his sisters, Ole-

ksa, 38, and Tetiana, 35, took Ukrainian American throughout school. The siblings all sang with Lesbians, a Ukrainian Orthodox choir in Saskatoon. Dancing was part of life. His joyous was created in lessons by age four.

"I love to dance. It's always been a passion," says Makowsky. Makowsky says he learned a lot of tricks from his sister, sister. Nights

were spent in the living room, with the furniture pushed aside, working on steps and routines. Olexa was "always a big supporter," pushing her brother to dance.

When you're Ukrainian, dancing and singing are part of the culture. Makowsky ponders it for a minute, and says that nearly all of his friends dance or sing. (continued on page 6)



I was running off of adrenalin that whole show. It was tough. The next day my ankle was about three times the size. I couldn't walk for four days — *Makowsky*



Julian Makowsky, 26, has been dancing with the Rhythmicso Folklorique Ensemble since he was 15. Nearly all of his friends were also dancers at some point. IMAGES PHOTO BY MICHELLE SMITH



During the first half of the show the Arhus (dosa) dance was performed. Makowsky did a split jump into a slapping rope circle, then a backflip. But disaster struck when he tried to jump back out. He came down on his ankle, tearing all the muscles and building off the stage.

That "justified stubbornness" Korenbak describes came through. A friend handed him up and his lowkey descent in the second half.

"I was running off of adrenalin that whole show. It was tough. The

next day my ankle was about three times the size. I couldn't walk for four days."

It paid off. He impressed Vladimirova enough that he sent a scout to talk to Makowsky that night. They asked him to join Vinsky as a side dancer, which he laughed off, thinking it was a joke. The scout told him he had the talent.

The next day Vladimirova outlasted the expectations. In the first year, you attend school for six days a week, eight hours of dancing and

theory, followed by a dinner break, then four hours in the studio practicing with Vinsky and learning the choreography.

Vladimirova was surprised that Makowsky was 15 at the time.

"He doesn't take anybody over 18 when they start. But he knew (Korenbak) and saw my performance, and said he would take the gamble," says Makowsky.

Vladimirova wanted Makowsky to come back to Kiev in two months to start the September semester of

dance school. Makowsky couldn't come that soon and arranged to start with the group in September 2004.

Back in Canada, a sense of normalcy returned. Makowsky started working as an apprentice electrician. The Vinsky plan failed. After considerable thought, he decided against going. A lot of factors played into the decision — mostly his new nephew Ryan.

"I didn't want to miss him growing up. Family is really important to me."

Makowsky knew he was entering the end of a career that had been physically demanding (he's been injured more times than he can remember) and knew he would be competing with younger dancers for a spot on Vinsky's touring group. If he was five years younger, he would have gone.

"I've been dancing for 15 years now. I got to do what I wanted — I danced on that ground. It was the highlight of my Ukrainian dance career."

*Continued on Page 8*

I always told myself when I joined PFE I'm going to dance until we dance in Ukraine. I want to dance on that home soil where the culture comes from. I got to do that and I was happy — Makowsky



The Polyphonic Folklore Ensemble performs throughout the year at World Folkfest events and weddings. They also host the PFE Showcase, a dance competition for groups in Western Canada, every April. **STYLING PHOTO BY LISA RICHARDS**

"I'm not disappointed I didn't do it. It was still a huge honour to even be asked. There's only been five Canadians (to join World)." Makowsky is happy in Saskatoon, where the Ukrainian community is strong, as are his ties with Karolink.

"He's a brilliant man. His choreography is amazing. I honestly would put him (as) one of the top choreographers in Canada," says Makowsky of the man who has trained him for the last decade.

"Without him — I wouldn't be where I am in dance. He's pushed me to think that I didn't think was possible and he still does. I have such respect for him."

\*\*\*\*\*

Dancing has given Makowsky more than one memorable moment.

ONE personality Rick Mercer spent the day with PFE two years ago to film a show

about Ukrainian New Year's. They taught him a dance and Mercer got to perform with the group that night at the party.

"It was an awesome day. It was so cool to do something like that," says Makowsky. Makowsky tried out for So You Think You Can Dance in 2008. He got past the first round and did the boot camp before he was sent home.

After seeing how it worked behind the scenes, he says he won't try out again.

"It's not a dance reality show at all. Producers are behind the judges with ear pieces telling them what to say — if someone doesn't look good on TV they're not being judged on your skills."

Makowsky started working in high school and continued to try the trade after graduation, but quit due to long problems. He's been as an apprentice with Ainsworth for a year and loves it. He also moonlights as a nightclub bartender on the weekends, a job for which his outgoing personality is well suited.



Saskatoon has a talent. Let them show their talents to the local community and around the world.

—Serhiy Korolchuk



The Ukrainian Folk Ensemble Ensemble is a world-class group that has been a strong support for Adam Maloney to enter cancer research into his research.

"I love the atmosphere. I meet a lot of people. I love the music where I work. I have a lot of fun there," he says with a smile.

When the image performed a Ukrainian Christmas song with the Saskatoon Symphonic Orchestra, the experience was "mind-blowing," says Maloney.

During practice, the 550 was trying to knock down their timing as it was perfect for the dancers. The timing with pre-recorded music is always the same, but with the symphony it was a new dynamic.

"It was an adventure. At the dress rehearsal we had it nailed down. Then during the show I don't know if it was reinforced or nervous, it sped up again. It was fun in that

aspect because you never know what tempo you were going to get."

For Maloney's next adventure is at next night around the corner. For sure, he's happy dancing with PPR and has no plans to retire.

Korolchuk is glad he stayed in Saskatoon. He speaks with great pride about all of his dancers.

"It's great to have young people who keep dance and culture going. Saskatoon has a talent. Let them show their talents to the local community and around the world."

To see a video of PPR's dance practice, visit [www.theukrainianfolkensemble.com/dancers](http://www.theukrainianfolkensemble.com/dancers).

[adamon@theukrainianfolkensemble.com](mailto:adamon@theukrainianfolkensemble.com), Twitter @adamkorolchuk



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# ON THE SCENE

## # WARM THE HEART PROFESSIONAL SOUP COOK-OFF

The highlight for many during the annual Winter Spice festival held at the Saskatoon Farmers Market is the soup cook-off. The event pairs chefs from the city's best restaurants with local media celebrities who vie for the audience's favour to win the city's best heart healthy soup. The winners' soup went to chefs Scott Torgerson and Christopher Conium from the Reducian Hotel for their tender corn with shallots and chicken crenton.

Prizes awarded at the sold-out event will go to the Heart and Stroke Foundation.

BRIDGES PHOTOS BY MICHELLE REING



1. The winning chefs: The Reducian's executive chef Scott Torgerson and sous chef Christopher Conium

2. The Saskatoon Inn's chef Amanda Valera is smacked bacon and fennel root soup

3. Andrew Alexandre (left) and Julius Pickett

4. Dave Hord and Clive Hord

5. Whitney Givens and The Underground Gifts Jordan Zakor

6. Ashlee Weber, Heidi Reifield and Jerry Kuzman

7. Derek Toivonen, Alan Shevchuk and Alex Shevchuk

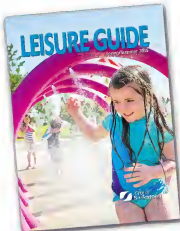
8. Hassan Mowgli and Hank Betta

9. Jim Charuk and Joan Shaw

10. Stephanie DeBoer and Tetiana Spick

11. Chrissy Redburn and Geoff Emery

12. Dorothy Potoczna, Martha Potoczna-Kozaraga, Sylvia Delink with 60-year-old Susan Potoczna

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# SHARP EATS

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## # LOCAL FOOD SCENE

# Traditional dishes to celebrate Chinese New Year

By Jenn Sharp

New Year's Eve is a big deal. People celebrate with drinks, eats and detachments on Dec. 31. But no one celebrates the beginning of a new year quite like the Chinese.

Feb. 19 is the official Chinese New Year's but the preparations begin long before then.

In the most populous country in the world, the New Year festival is the largest Chinese living in Scottsdale on a private past like they would at home. Shirley Zhou organizes an annual outdoor event in Scottsdale for the Chinese New Year and was happy to share some of her family's traditions.

## CHINESE NEW YEAR:

### WHAT YOU NEED TO KNOW

- Chinese New Year, Feb. 19, is the first day on the lunar calendar.
- The celebration lasts 15 days — this year, from New Year's Eve (Feb. 19) to March 2 (in China, people generally take a week of holidays during this time).
- Similar to Christmas, the Chinese New Year is a time for family reunions. Children receive gifts of new clothes and/or red envelopes full of money.
- Employees give employees red envelopes with a year and bonus.
- The color red means luck in China — people will dress in red and hang red decorations.

### TRADITIONAL FOOD TO EAT

- The biggest dinner is served on New Year's Eve — food is a very important part of the celebration.
- Fish is always served, the Chinese pronunciation of fish sounds like "surplus."
- "Chinese people always like to have a surplus at the end of the year because they think if they have something to eat something at the end of the year, then they can make more in the next year," says Zhou.
- Changpang, a delicious Chinese food, are served at midnight. In Zhou's fam-



Chinese New Year is a time for reunion with family and friends. Shirley Zhou celebrates with the Chen family. Peking, Philip and Yang. BRIDGES PHOTO BY SHARON HALLAM

ily, her grandma and mom made them for everyone. People in southern China serve dumplings, while people in the south make rice rolls.

- Legend has it that the more dumplings you eat during the celebration, the more money you can make in the New Year.
- Oranges and apples are served because both bring good luck, and an easy and safe year.

### DISHES YOU CAN MAKE AT HOME:

- Thanks to Philip Chen and Shirley Zhou for providing the recipes.
- If you prefer someone else does the cooking, many Chinese restaurants in Scottsdale and Arizona will hold multi-course dinners to celebrate the New Year just before and look ahead.



Spicy Sichuan chicken and pork stir-fry (stir-frying)



### BARSKATON CHINESE NEW YEAR CELEBRATION: YEAR OF THE GOAT

- Feb. 14 at TOU Place
- Cost: \$45 (major), \$20 (children 12 and under), \$10 (VIP)
- Contact: Lorna Luo 304-262-8698 or Tel: 602-306-3713-6559 for tickets
- Entertainment from local community Chinese folk dance, martial arts, dragon dance, along with a performance by Zhao appreciate from China

# SHARP EATS

### CHINESE NEW YEAR ROASTED DUCK

## INGREDIENTS

- 3 (3) dashes
- Fresh ginger sliced into coins
- 2 stalks portia chives, peeled
- 1 whole dried mandarin orange peel
- 3 pieces of star anise
- 4 stalks of green onion
- 2 tsp salt
- 4 tsp sugar
- 1 tsp Anise seeds
- 1 tsp Chia seeds (Zai Kien Kie brand)
- 1/2 tsp white pepper
- 1/2 tsp cooking rice wine
- 2 tsp anise oil
- 1 tsp. Meyer leand. succulent sauce

## Abstract

2. Spread marinade inside duck cavity. Sew shut with butcher's twine and marinate overnight. Make sure it's tightly sewn shut or the marinade will wash out.



Change Never Hear Spoiled Quoi

3. Bring a pot of water big enough to fit the duck to a rolling boil. Place duck in boiling water for 15 minutes. Lift out duck and set aside.
4. Add 1/4 cup white vinegar and 1/2 tsp. Chinese aniseed sprigs into boiling water. Mix well.
5. Hold duck over pot. Boil vine per and rootlets liquid on all sides of duck until well covered (repeat five times)
6. Place duck on a larger platter and let dry overnight in refrigerator (hang duck if possible)
7. P. On the day you eat the duck, preheat oven to 250°F with a lukewarm mix of cold water stirred.

2. Place duck on the oven rack over the baking pan, so fat and juices drip into the baking pan. Bake for 90 minutes, then let duck rest for 30 minutes.

### SHANGHAI NOODLES

### INGREDIENTS

- 200g jar of fresh soft cheese
- 100 subminiature pickles
- 2 stalks of green onion
- 100 curried pickles
- One package of bean sprouts
- 100 Chinese-style (kai) pork, pickled
- 100 Bachiyo
- 1 Miso-potter sauce
- 1 tsp locust bean
- 200g. Miso-kani kani-senbei sauce
- 1 Miso-kani kani-senbei
- 1 tsp hot chili oil sauce
- 100 tsp sugar
- 100 tsp acid
- 1 ounce of soybean paste



Stefan Müller, Universität Wien

## METHOD

2. Heat up noodles before stir-frying. Heat pan with 3 tbsp of vegetable oil in high heat.

## Nuts About Nature

Hi kids! My name's Chip, and I live at Beaver Creek Conservation Area. Visit my backyard with your family and friends and enjoy some time away from the city.



Dear Chip,  
Are white tailed deer native to Saskatchewan?  
-June



There are two species of deer commonly found on the prairies – the delicate white-tailed deer and the stockier mule deer. The white-tailed deer is probably most recognizable when it flees, raising its broad tail over its back to reveal a stark white underside. It is more common in the drier areas of the prairie, and is usually found with a black tip on its tail. When Europeans first explored the northern half of North America they only found deer in the most southern parts of Canada. In fact, there were no deer at all in New Scotland and very few in New Brunswick. White-tailed deer were only found in southern Quebec and Ontario with a small population in south-central Manitoba. Since Confederation in 1867, human activities such as the cutting and burning of forests, agriculture, and the modification of the landscape have taken a toll. In fact, today the species is listed as an endangered and vulnerable species.

Send your questions to me at the address below; then watch *Indices* for the answers.

Your poll shows

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# SPACES

Spaces celebrates beauty both indoors and out. If you have a living space we should highlight email [bridges@thestartphoenix.com](mailto:bridges@thestartphoenix.com)

## # SASKATCHEWAN'S BEST SPACES

### A look inside a renowned Saskatoon artist's home

By Jenn Sharp

**WHO?** Hugo Avenida, Juli Kostelnik and their daughters, Rafaela and Rachel, along with three cats (all rescues), a dense mountain dog and a budgie. (Some Ricardo and Jose Miguel have moved out.)

**WHAT?** A home that doubles as a studio space and art gallery for Avenida is a renowned artist. Avenida and Kostelnik have a large art collection that once graced the walls of the home. However, every time a customer would come by he had to take it all down and replace it with his work that was for sale. Now, it's just his paintings on the walls.

"It sounds a little bit selfish but then I realized it was (better) this way," he says.

The home is also full of friendly animals. The third cat to come, Minto, was only supposed to stay the night, but she quickly earned herself a spot in Avenida's heart.

"How can we lock her out? I go upstairs to work and she goes with me, sits on my paintings, the lower it upstairs, I feel so close to her."

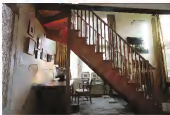
**WHERE?** In Saskatoon's Holston neighborhood.

**WHEN?** The couple moved in three years ago and purchased the home after moving for eight years.

**WHY?** Before deciding to buy the rental house, the couple looked at nine places in Saskatoon. But, "it didn't feel right. This is a home," says Avenida, who moved to Canada from Chile in 1995.

Before moving to Saskatoon, he assumed he would eventually move somewhere else. Mac Vancouver, where the mountains would remind him of Chile. He changed his mind though after spending time in Saskatchewan.

"I realize the people were very nice here. People lived very hard to communicate and they were very kind. You never forget that."



BRIDGES PHOTOS  
BY MICHELLE BERO

# SPACES

Alvarado and Kostelnik host an annual Christmas show and turn the basement into a gift-giving spot. A big assortment of food and Chikan do's fill the large wooden table in the long room far parents to enjoy while they view his colorful and ironic, chopstick paintings.

The studio is any artist's dream space: full of natural light and with a view of the backyard garden, Alvarado is surrounded by paintings (the ones which he calls "his ladies" are upstairs) in a shelf of art books and rows upon rows of acrylics organized by shade. His children like to paint too — son Ricardo "a very good painter" carries home from time to time to work in the studio with his dad.

**HOW?** Five years ago the four kids went to Chile to meet Alvarado's family. The couple used a lot of time to refurbish the hardwood floors. A large wooden staircase to Alvarado's studio had to be built into the setting rooms when they discovered the original one was on the building side. Before the new staircase was built, there was room for a living in the room where Patricia and Ricardo spent many happy hours.

"We didn't really have much furniture in here [then]. It was a real nice playhouse for the kids," says Kostelnik.

"It worked really well for me because Juli is a scientist (in descriptive research) — she works in the chemistry — so when I was alone with the kids they could play there." When it was too quiet, I knew something was wrong," smiles Alvarado.

Ricardo and Jose Miguel helped build a large bookcase into the wall in the basement, as well as a whimsical pink insulated playhouse in the backyard for the girls.

"We don't want to take it apart because when we have guests, children, we will showcase it for them — it will be beautiful," says Alvarado.



## EVENTS

What you need to know to plan your week.  
Send events to [bridges@thestarphenix.com](mailto:bridges@thestarphenix.com)

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## # MUSIC

Wed., Feb. 4

**Three Strings Plectrum**  
Buds on Broadway,  
817 Broadway Ave.

**Dallas Smith and Charlie  
Wershner**  
O'Brien Event Center,  
361 Second Ave. S.

Thurs., Feb. 5

**Dean Gallagher**  
Crackers Restaurant &  
Lounge,  
1-227 First Ave. SE

**Slypstrum**  
Buds on Broadway,  
817 Broadway Ave.

**Murtime-Style House**  
Party: Ray Richards  
Plink's Irish Pub,  
104 Spauldin Creek E.

Fri., Feb. 6

**Men Without Shame**  
Buds on Broadway,  
817 Broadway Ave.

**Plano Friday: Rick Friend**  
Buds Series w/ Catherine  
McEllen w/ Ellen Prosser-  
Koolhaas  
The Basement,  
204 Fourth Ave. N.

**Next of Kin**  
Army & Navy Club  
209 First Ave. SE

**The Nobles**  
Michael Robinson,  
3130 Eighth St. E.

**Dallas Rogers' Band**  
Toon Town Tavern,  
3330 Fairlight Dr.

**Friends of Pies w/ Guthrie  
Hevema**  
Amigo Central,  
806 Outfront Ave.

**Williams and the Shadows**  
Fairfield Senior Center



Caucasian music artist Kip Moore will perform at O'Brien Event Center on Saturday. [www.kipmoore.com](http://www.kipmoore.com)

**Central**  
103 Fairmont Ct.

**Down Home Boys w/ Kerry  
Jettace vs The Time Pirates  
and Quince Tavern**  
Vangelis Tavern,  
501 Broadway Ave.

**Rock Bottom's Evening of  
Punk**  
Rock Bottom,  
8348 Broadway Ave.

**Northern Rebels**  
Starr's Place,  
106-110 South St. E.

**The Anderson/Berke Band**  
Willsie Guitars & Amps,  
432 20th St. W.

**Undercover Pirates**  
Peggy's Pub and Grill,  
1603 Idylwyld Dr. N.

Sat., Feb. 7

**Men Without Shame**  
Buds on Broadway,  
817 Broadway Ave.

**Plano Saturday: Natalie  
Droehn and Neil Currie**  
after-partying  
Jazz Series: BSBK - Ballin,  
Reynor, Summachi and  
Koop  
The Basement,  
204 Fourth Ave. N.

**Next of Kin**  
Army & Navy Club  
309 First Ave. SE

**Williams and the Shadows**  
Natalie Layne,  
3021 Lakota St.

**Daughtry/Stephen Kings**  
Downtown Legion,  
606 Spauldin Creek, W.

**Melissa Deland**  
Michael Robinson,  
3130 Eighth St. E.

**Kip Moore**  
O'Brien Event Center  
361 Second Ave. S.

**The Sandwines**  
Amigo Central,  
806 Outfront Ave.

**Dan Hevema w/ Trash  
Men and Scientific**  
Vangelis Tavern,  
821 Broadway Ave.

**Murtime-Style House**  
Party: Ray Richards  
Plink's Irish Pub,  
104 Spauldin Creek E.

**Grand Funk**  
Rock Bottom,  
8348 Broadway Ave.

**Northern Rebels**  
Starr's Place,  
106-110 South St. E.

**Undercover Pirates**  
Peggy's Pub and Grill,  
1603 Idylwyld Dr. N.

Sun., Feb. 8

**Acoustic Jam: Kelly Head**  
Buds on Broadway,  
817 Broadway Ave.

Tues., Feb. 10

**The Mules**  
Buds on Broadway,  
817 Broadway Ave.

## # ART

**Mandel Art Gallery**  
Until March 22 at 950  
Spauldin Creek E. New  
winter collections include  
Sallyswood, War Maps from  
Afghanistan, Deep Weather  
by Swiss artist Ursula  
Bismant, Concerning Certain  
Events, recent works by  
Brazilian artist Tereza Tereza  
Cavallari and Roni Kline,  
the Border Crossings Study  
Center, a mobile archive of  
the 34-year history of Border  
Crossings art magazine, and  
the 1980s Artlink by Artists  
membership programs, reflecting  
Montague Martin's mem-  
orship with Kathryn Miller,  
Campbell and Ustinov give  
a talk about their exhibits  
Feb. 8, 1 p.m. Sellen Al-Sedat  
talks about her experiences  
making battle rips in a  
youth in Afghanistan Feb. 8,  
2 p.m.

**Gordon Snodgrass Gallery**  
Until Feb. 13 in Room 701 of  
5 Moore Building, T.S., a  
joint exhibition featuring  
University of Toronto's  
University of Regina  
students. Reception Feb. 12,  
7 p.m. to 10 p.m. Sellen Al-Sedat  
talks on Contemporary Art  
Citizens in Canada, Feb. 15,  
12 p.m.





## EVENTS

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## Bees and Butterflies

Feb. 7-8 and 14-15, 10 a.m. to 4 p.m. at the Mission Valley Centre, 402 Third Ave. S. Weekend drop-ins only. Discover the importance of pollinators and their love of flowers. With an art exhibit about bees, and a bee or butterfly craft. A drop-in program for all ages.

## Sunday Morning Ceramics

Feb. 8, 10 a.m. to 12 p.m., at Ropy Theatre, 320 20th St. W. A celebration of Sunday Day. Showing retro ceramics from the '70s and '80s. With a central buffet, a 50-50 draw and a raffle. People are encouraged to wear pajamas. Tickets at [eventsforpeople.com](http://eventsforpeople.com), or 360-364-9121.

## Free Family Fun

Weekends, 2 p.m. to 4 p.m., at the Mundel Art Gallery, 950 Spadina Cres. E. For ages four to 12, accompanied by an adult. Art-making activities led by gallery artists. Supplies are provided. Book *I Love Art*, for your favourite Valentine.

## Prenatal Yoga

Weekdays, 12 p.m. to 1 p.m., at Pregnancy and Parenting Health Centre, 368 Third Ave. S. Beginner to intermediate yoga designed to help with postpartum recovery. Baby-friendly class with a certified yoga teacher. Suitable for four weeks to two years postpartum. Register at [mankiwilco.com/pregnancy](http://mankiwilco.com/pregnancy). No class on start holidays.

## Ecoyogis

Tuesdays, 9:30 a.m. to 10:30 a.m., at Omni-Westminster United Church. Hosted by Phoebe Harris. Learning Community, a group of families inspired by Western philosophy. Programmes is aimed at children ages two to five, but all ages are welcome.

## Dreadhead Story Time

Tuesdays, 10:30 a.m. to 11 a.m.,



Robt discovers the importance of pollinators at the Bees and Butterflies exhibit, which includes a craft activity on Feb. 7-8 and 14-15 to 4 p.m. at the Mission Valley Centre. Art Photo by 2010 Paces.

## at Mankiwilco, 3332

Upph St. E. For children ages three to five in the circle of trees. Call 360-952-1627

## Canadian Light Source (CLS) Public Tours

Weekdays, 10 a.m., at the Canadian Light Source, 44 Innovation Blvd. The synchrotron research facility is open for the public. Pre-registration is required. Call 360-357-3544, email [synchro@lightsources.ca](mailto:synchro@lightsources.ca) or visit [lightsources.ca/canadian-light-source](http://lightsources.ca/canadian-light-source) info.

## My Smart Hands Saskatoon: Baby and Toddler Sign Language

Starting Feb. 16 and 12. Baby sign language provides the skills to communicate with your pre-verbal baby, accelerates verbal development and strengthens cognitive skills. For information contact: Tanya Appleford-Hoffe BSW,

BSW, Certified Baby Sign Instructor at [tanyamh@hands.com](mailto:tanyamh@hands.com) or visit [tanyamh@hands.com](http://tanyamh@hands.com).

## Reinstate Yoga

Weekdays 6 p.m. to 7 a.m., at Progressive and Preventing Health Centre, 248 Third Ave. S. Taught by a doula and certified yoga teacher. Informative and safe for any stage in pregnancy. Call 360-251-0433 or email [reinstateryoga@gmail.com](mailto:reinstateryoga@gmail.com). No class on start holidays.

## Engineering for Kids

Children ages four to 14 can learn about technology and how engineers help it develop. Classes, camps, parties, and clubs with hands-on STEM enrichment activities. Get information and register at [engineeringforkids.ca/saskatoon](http://engineeringforkids.ca/saskatoon) or 360-378-4186

## BRICKS &amp; KIDZ! Saskatoon

Regular after-school programs, preschool classes and camps for kids of all ages at various locations in Saskatoon. An atmosphere for students to build unique creations, play games, and have fun using LEGO bricks. Visit [bricksandkids.com](http://bricksandkids.com) or call 360-979-2349

## Saskatoon Public Library Programs

Ongoing programs for children and families. Find the calendar at [saskatoonlibrary.ca/calendar](http://saskatoonlibrary.ca/calendar)

## # SPECIAL EVENTS

## Saskatoon Farmers' Market

Open year round. Wednesday and Sunday, 10 a.m. to 3 p.m., and Saturday 8 a.m. to 3 p.m. Farmers are in attendance. Tuesday to Friday, 10 a.m.

to 3 p.m., and Saturdays and Sunday during market hours, food service and specialty shops are open information at [saskatoonfarmersmarket.com](http://saskatoonfarmersmarket.com). Contact 360-384-5262, [skfarm@sasktel.net](mailto:skfarm@sasktel.net)

May/June Carpal Tunneling Workshops, 115 p.m., at Mayfair United Church. Engineers and experienced players are welcome. For information call 360-651-2051

## Living on the Heat

Feb. 4, 3 p.m. to 4:30 p.m., at Convocation Hall in the U of S Peter MacKinnon Building. Free entry as part of Aboriginal Achievement Week 2015. A battle of words on the theme of awareness. Featuring actor Jennifer Bishop, poet Tiffanie Campbell, comedian Dakota-Ray Hebert and spoken word artist Day "Firecray" Ray. Judged by

poet Louise Helle and hosted by CBC Radio's Roseanne Bernfield. Everyone welcome. For information email [tasha.hubbard@usask.ca](mailto:tasha.hubbard@usask.ca).

## USU Speakers Series

Feb. 4, 2:30 p.m., at Convocation Hall at the U of S. Dr. Robert Falcon Gagliardi gives the annual Aboriginal Achievement Week Speaker Series Lecture on the importance of leadership for our communities. Everyone welcome. Admission is free.

## 25th Annual Global Citizens Awards Gala

Feb. 5, 6:30 p.m., at Ropy Theatre, 320 20th St. W. Part of the International Development Week celebrations. Celebrating the Power of People Working Together. Recognizing Saskatchewan people and groups making contributions to international development, global cooperation, understanding, justice and peace. With appetizers. Admission is free. RSVP at [info@thetribet.sk.ca](mailto:info@thetribet.sk.ca), 360-746-6699

## 14th Annual King of Kootenai

Feb. 5, 7 p.m., at Postmodern Park. Songs made from across Saskatchewan compete in songwriting challenge. Stomping and clogging with Ukrainian music by Matthew Gnuse & Friends and performance by Pashchanka Folktrio. Tickets at [saskatoon.com](http://saskatoon.com). A portion of proceeds supports the Klotz Foundation of Canada - Saskatchewan Branch.

## SBC Dances

Thursday, 7 p.m., in room 13 at Albert Community Centre, 610 Clarence Ave. S. Saskatchewan International Folkdance Club. Learn dances from many countries around the world. First night is free. Visit [saskfolk.com](http://saskfolk.com)

More Events on Page 19



## EVENTS

What you need to know to plan your week.  
Send events to [bridges@thetarpheonix.com](mailto:bridges@thetarpheonix.com)

**Tribute to the Everly Brothers**  
Feb. 6, 6:00 p.m. light supper,  
8 p.m. show, at Nations Legion,  
3021 Louise St. Ashwa and  
dance with England. Tickets  
at 200-300-3332, Natchely  
Lobston or at the door.

## Origins

Feb. 6-8in Quince Theatre at  
the U of S. The University  
of Saskatchewan Wind Orchestra  
and Jazz Ensemble present  
a concert featuring Al Kay on  
the trombone, Feb. 6, 7:30  
p.m. and Kay hosts a performance  
masterclass, Feb. 7,  
2:30 a.m. A performance by  
the Origins Brass Quintet and  
Saskatoon brass band with  
Al Kay, Feb. 8, 2:00 p.m. For  
information email danielc@origins.ca. Admission  
by either collection at the door.

**Saskatoon Wellness Expo**  
Feb. 6, 5 p.m. to 9 p.m., Feb. 7,  
10 a.m. to 6 p.m. and Feb. 8,  
12 p.m. to 3 p.m., at Parkland  
Park. Providing a variety of  
products and services to  
anticipate or improve a person's  
wellbeing. Tickets at [wellness-expo.com](http://wellness-expo.com).

## Safari Laid!

Feb. 7, 1 p.m. and 7:30 p.m.,  
at Romy Theatre. Saskatoon  
Symphony Orchestra's Alliance  
is a Balkan series featuring  
 pianist Rick Friend and guest  
conductor Brian Unsworth. A  
live performance of the scores  
as the silent movie plays. Tickets  
at [saskatoonsymphony.org](http://saskatoonsymphony.org).

## 23rd Bruce Macdonald Curling Tumbler

Feb. 7, 3 p.m., at Granite  
Curling Club, 480 First Ave. N.  
Presented by Brent Creek  
Curling & Recreational Centre.  
Team overcomes adversity  
and prize. With an after party  
featuring Kacy & Clayton and  
their Electric Band. Tickets at  
[electric.com](http://electric.com).

## Songs and Other Sweet Pleasures

Feb. 7, 7:30 p.m., at Christ



Laura Holburn poses with Darrin Hart and Angela Kemp in a scene from *Cousins* at the Refinery Theatre photo by Krista Moore

Church Anglican, 510 28th  
St. W. Bridge City Chorus  
performs. A social will follow  
the concert with dessert and  
a cash bar. Tickets at Avenue  
Community Centre, from che-  
nus members or at the door.

## Spanish Realia Night Fund-raiser

Feb. 7, 7:30 p.m.-at Leyda's  
Cafe, 112 20th St. W. Also-  
thoracic Spanish Pacifica and  
Spanish with Suenos  
music and dancing by Alma  
Ramirez performers. Tickets  
at [picnic.com](http://picnic.com).

2013 Prairie Regional Youth-  
oriented Skiing Competition

Feb. 7, 2:45 p.m. to 5 p.m., and  
Feb. 8, 9 a.m. to 12:00 p.m.,  
at Legends Arena in Weyburn.  
Hosted by Skate Saskatoon.  
A qualifying competition  
for youth-oriented skiing  
teams who may be eligible to

compete at the 2013 National  
Synchronized Skiing Cham-  
pionship in Quebec-Feb. 28  
to March 1. Youth male show  
varieties and rifle prizes.  
Admission at the door.

## Classical Variety Night

Feb. 8, 2 p.m., at Grosvenor  
Park United Church. Hosted  
by the Gifford Foundation.  
Local musicians perform  
music they love. Featuring a  
commissioned piece by Janet  
Gale. Admission by donation.

## Tonight It's Poetry

Feb. 8, 7:30 p.m., at The  
Weeks Arts House, 148 Second  
Ave. N. Cuckoo Island  
Poetry Slam Quarterly.

Off-Broadway Performer's Mar-  
ket, International Recipes,  
and Blatno

Tuesdays, 11 a.m. to 6 p.m., in  
the basement of Grace-West-  
minster United Church, 255

104th St. E. Offering a variety  
of locally produced food, clothing  
and accessories from indig-  
en, pet products, books, and  
bistro dishes. New vendors  
welcome. Call 306-664-2940  
or email [pease11@hotmail.com](mailto:pease11@hotmail.com)  
shows.

## A Blues at Play!

Feb. 10, 7:30 p.m., at TCU  
Place. The Pink Floyd Experi-  
ence performs a tribute to  
Pink Floyd. With songs from  
four sides of four albums.  
Tickets at 306-755-7759,  
tourtickets.ca.

## Card Old Time Dancing

Second and fourth Tuesdays  
of the month, through April,  
7:30 p.m. to 9:30 p.m., at  
Glen-Westminster United  
Church, 305 104th St. E. Hosted  
by Saskatoon Petterfenn Dance  
Club. Basic dances for the  
first hour. Call 306-375-1003  
or 306-385-3107.

## Kennedy Night

Feb. 10, 9 p.m., at Pizz's Pub  
and Grill, 1424 17th St. W.  
with DJ David

## Fronted Gardens

Until Feb. 15 at Scarborough  
Gardens. Presented by the  
Professional Ice Carving  
Society of Saskatoon. A two-  
week long ice carving exhibit  
guest carvers from across  
North America will create ice  
art. With coloured lights and  
musical selections at night,  
ice bowling, an ice bar, an ice  
golfed wall and an ice maze.  
Admission at the entrance.  
Call 306-321-3338 to book  
large tours. Visit [frontgardens.org](http://frontgardens.org).

English for Employment:  
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registration at 306-260-5337,  
306-935-4464, 306-350-  
4336, [open@thetarpheonix.com](mailto:open@thetarpheonix.com),  
[www.thetarpheonix.ca](http://www.thetarpheonix.ca).

## \* THEATRE

## Merry's Wedding

Feb. 8-22 at Pheasant  
Theatre. While seeking refuge  
from a sudden storm, Mary  
and Charlie find not just  
shelter, but each other, and a  
terrific love. Tickets at 306-  
364-7727, [pheasanttheatre.org](http://pheasanttheatre.org).

The Game of Love and  
Chance

Feb. 8-8 at Studio 914, 914  
20th St. W. Presented by Les  
Trapez de Jean. Arranged  
to marry a man she's never  
met, Sylvie swishes places  
with her servant for the first  
meeting with Desmet, in an  
attempt to discover how from  
a distance. Desmet had the  
someday. With tickets Feb.  
5-7. Tickets at 306-567-1221,  
[latripezoque.ca](http://latripezoque.ca).

## Gymnast

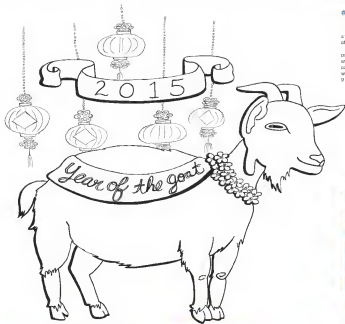
Feb. 5-8, at The Refinery  
Theatre. Presented by Saskatoon  
Shakespeare Lab. The im-  
probable becomes probable in this  
adventurous Shakespeare play  
among King Henry VIII's  
children's daughter, married  
against her father's wishes.  
His anger is only the beginning  
of her woes. Tickets at 306-  
623-0374, [antibabes.ca](http://antibabes.ca).

## Seven Stories

Feb. 15-19 in the North Studio  
Room, 161 in the U of S John  
Muir Hall Building. Presented  
by Genshine Theatre. First  
and second year show  
tickets at 306-566-3588.

*Event listings are free, community  
events offered by Bridges. Listings will  
be printed in space permits. Subscrip-  
tion to this list is sent before the  
event date.*

# OUTSIDE THE LINES



## # Colouring contest

Each week, Stephanie McKay creates a family illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to [bridget@thesouthcoast.com](mailto:bridget@thesouthcoast.com). One winner will be chosen each week. Please send entries by Monday at 9 a.m.



Last week's contest winner is Nisha Kulkeri. Thanks to everyone who submitted entries!

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# GARDENING

## #HOSTAS

### Dependable plants are low-maintenance, versatile

By Eri Svendsen

If you have a shady spot in your garden, you probably have a typically well-behaved, long-lived hosta or two to fill the space. And, because many hostas have striking foliage such as yellow, lime-green, green and white or green and yellow leaves, they draw the eye to an otherwise dark and overlooked space.

Hostas also come in black and several shades of green (even variegated green as green), contrasting with or complementing surrounding vegetation.

It's not just about the color with hostas — they vary greatly in size from diminutive leafy plants only a few centimeters tall and wide, to giants, with some reaching nearly a meter in height by two meters wide (under ideal conditions of course). They also vary in leaf shape with long, narrow, curled, flat, cupped or wide leaves, in leaf texture including flat, peckered, corrugated, smooth, glossy or dull, and in overall plant shape (e.g. strongly upright to low and spreading). The flowers usually appearing in mid-summer are in soft pastels like pink, mauve, rose and even near-white — though rarely fragrant.

While it's true that hostas are ideally suited to the shade garden, some cultivars like *Patriot*, can thrive in full sun. Two things all hostas have in common is that they grow best under evenly moist conditions and that they are not rampant spreaders. In this latter aspect, they are caused to stop during favorable periods, possibly slowly expanding in width as they age.

So when faced with literally hundreds of options, someone it's easiest to accept a recommendation or two from the experts. In this case, it's the American Hosta Society's *Encyclopedia* ([www.hostagrowers.org](http://www.hostagrowers.org)). Since 1986, they have been promoting a *Hosta of the Year* cultivar that is a proven performer. This year, *Victory* is the winning selection, its



The American Hosta Growers' Association has chosen the *Victory* species as their *Hosta of the Year*. *Victory* adds depth to borders (place in the middle or the back) or in smaller or shady areas of the yard. All hostas grow best under evenly moist conditions and will slowly expand in size. PHOTO COURTESY JANE SAMRAJ

trifoliated in 2013.

*Victory* is considered a plant when mature (and under ideal growing conditions) at 16 cm. tall by 130 cm. wide. The upright, broad heart-shaped leaves are variegated, shiny two-toned green centers are surrounded by a yellowish margin that lightens up to creamy white over the season. The leaves are described as thick, making them less susceptible to visible damage from slugs, the scourge of hostas (FYI, deer and rabbits can also make quick work of your favorite hostas).

The superb flowering stems hold

the nearly white, downy and facing bell shaped flowers well above the foliage. Because of its size and upright vase shape, *Victory* is best suited as a specimen plant; place in the middle to back of the border.

When looking for a suitable design for this article, I came across John Gennardi, an "insatiable gardener" passionate about his hostas. He has not easily accepted the advice of experts with only choosing one or two hostas to try. On his website ([www.hostagarden.com](http://www.hostagarden.com)), he has images of old hosta cultivars organized alphabetically. Most cultivars

have several pictures documenting different ages and times of the year. What's most amazing is that all old ones growing in his Minnesota garden in a climate not too unlike ours?

He started slow with his first hosta received as a gift in 1958 and for the next decade added only a few new selections to his hosta garden. Then in 2003, he discovered yellow hostas and he hasn't looked back since. I asked him what drew him to this genus of plants. "What fascinates me about hostas is how each hosta has its own beauty and

the beauty of the hosta changes during the growing season."

Being dependable, low-maintenance and versatile combined with an amazing variety in shape, texture and form, it's easy to understand how starting off with a few hostas in your garden can lead to a mild obsession.

This column is proudly co-sponsored by the San Antonio Perennial Society ([www.sanantoniosps.com](http://www.sanantoniosps.com)), *Acoronem* ([www.acoronem.com](http://www.acoronem.com)). Check out our bulletin board or e-mail for upcoming garden information events.

# WINE WORLD

## #SASKATCHEWAN WINE SCENE

### Drinkable white deserves a spot in your fridge

By James Romanow

During the past few years, people who once drank nothing but wine have come to enjoy cocktails, another alcoholic grape. It grows pretty much anywhere and is being marketed in super-bottled loads from Adelaide to BC.

I've absolutely nothing to complain about here. (This might possibly be for the first time. You know you're old when you ALWAYS have something to complain about.) Moscato makes a great party drink: light white wine that can be still or sparkling, sweet or dry, and is at ways worth a glass.

Raising however, has fallen on hard times, currently spared by wartime wine needs to no avail. Rather, it's almost that our country, feeling less like a grape pursued by enemies seems Oh well. That's California for you.

The combination of these grapes — both grown in Germany by the way — is remarkably easy drinking, slightly sweet, it is the perfect wine to have with a driving site try in other (dead) states. What a waste, you can have the best of any wine you like because the 10 per cent alcohol of the wine lets you get away with an after half bottle (one bottle of alcohol has about 100 to 120 ml of alcohol (one bottle of beer has 10).

The sensation is dampened considerably when served at the fridge temperature most



people will drink it. Also, taking back from a pure rosé makes the wine more of a peach, and gives it less of a sticky (and) set of a rose.

Whatever the reason, this is a perfectly drinkable light wine that deserves to be in everyone's fridge, even if you hate it because the milk when your cork dork date comes visiting.

77th Deland Road, Kelowna, BC V1Y 1A1

Time for a red next week. I think I'll have white in January's StarPhoenix and on Twitter @jromanow

## Crossword/Sudoku answers

|         |           |        |
|---------|-----------|--------|
| STICK   | HELLO     | RAT    |
| AIOLI   | ATEIN     | ORD    |
| DENIM   | THEMEPARK |        |
| OMIT    | RACEDAY   |        |
| ALP     | EVER      | PACINO |
| DOUBLER | REVERSE   |        |
| ONCE    | MIRA      |        |
| GENDER  | NEUTRAL   |        |
| EVRA    | USES      |        |
| INTER   | NALDRIVE  |        |
| INDIES  | TIER      | FIX    |
| MALL    | COOP      | REUP   |
| SWEET   | LOW       | MAIDS  |
| EAR     | OMARA     | URBAN  |
| TBS     | RETRY     | PRNDL  |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 2 | 1 | 6 | 5 | 3 | 7 | 9 | 4 |
| 4 | 3 | 6 | 7 | 9 | 2 | 5 | 1 | 8 |
| 5 | 9 | 7 | 4 | 8 | 1 | 2 | 3 | 6 |
| 7 | 6 | 3 | 8 | 4 | 5 | 9 | 2 | 1 |
| 1 | 5 | 8 | 2 | 7 | 9 | 4 | 6 | 3 |
| 2 | 4 | 9 | 1 | 3 | 6 | 8 | 5 | 7 |
| 6 | 1 | 4 | 5 | 2 | 7 | 3 | 8 | 9 |
| 3 | 8 | 5 | 9 | 6 | 4 | 1 | 7 | 2 |
| 9 | 7 | 2 | 3 | 1 | 8 | 6 | 4 | 5 |

### Saskatoon's Premiere Ice Carving Exhibit

## Delta Bessborough Gardens, Jan. 30 - Feb. 15

- Ice Sculptures
- Ice Maze
- Ice Bar with Vodka Luge
- Speed Carving Exhibit
- Ice Graffiti Wall
- Ice Bowling

**\$5 Adults \$2 Children**  
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 For more information visit:  
[www.frostedgardens.org](http://www.frostedgardens.org)

The Professional Ice Carving Society of Saskatoon  
 Charitable Society No. 1 18023388

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# FEB. 5-8

Presented by Partners with Purpose Saskatoon  
 on Feb 5 & 7 @ 8 p.m. (Fresh only Feb 6 & 7 @ 4 p.m.)

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*Always On Time...Or You Don't Pay A Dime!*

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***This is THE Opportunity of 2015  
 for a new furnace installed for***

We are helping  
~~\$2~~ 71 homeowners  
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 furnaces for \$2,499 with  
 purchase of off-Season Air

# \$2499

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 valued at \$132  
 just for having an appointment  
 with one of our comfort advisors.

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